

# Social-Ability and Signature Care Homes: Shining a light on happiness, one person at a time



Social-Ability and Signature Care Homes are proud to announce the success of their partnership and the journey to implementing the Happiness Programme across their care homes.

Since 2021, Social-Ability and Signature Care Homes have been working together to provide a unique and innovative approach to care for residents, with the MyLife dementia strategy and Happiness Programme being at the forefront of this collaboration.

The Happiness Programme is a revolutionary service that improves nutrition, social interaction, and reduces distress in care home residents. With the help of Social-Ability's customer success and development team, Signature Care Homes piloted the programme, initially, in three of their homes.

The programme, which includes interactive activities, therapeutic pictures, videos and music, has had a profound impact on residents' wellbeing, social interaction, and nutrition. The results were astounding with the pilots resulting in reduced distress, PRN use and reductions in falls!

This success was made possible by the dedication and hard work of the Social-Ability team, who provided on-site training, attended numerous visits, and worked with care home staff to ensure the smooth running of the programme. The team also put together a comprehensive business case, which included video testimonials from staff, highlighting the positive impact the programme had on residents.

Testimonials from care home staff members included the Dementia Care Manager at Parklands who said the Happiness Programme's...

"therapeutic pictures, videos and music helped [a female resident] to settle and reduced anxiety." The activity assistant at Rosebery Manor added, "The Happiness Programme has really helped our patients living in bed be more alert and awake during the day. The ceiling games have really helped."



Since then, the Social-Ability team has worked closely with Signature Care Homes' senior leadership team, dementia care managers, and activity leads to ensure the programme runs smoothly across all homes. The partnership with Signature has even led to potential international expansion of the Happiness Programme, with a meeting with their investors in Canada to explore further opportunities. Social-Ability has also upgraded pre-existing light technology in the original ex-Sunrise homes to their software, so all Signature homes can enjoy the Happiness Programme.

The partnership between Social-Ability and Signature Care Homes is a true testament to the power of collaboration. Social-Ability is proud to be an extension of the Signature Care Homes team, working towards the same goal of improving residents' lives.

The Social-Ability team is currently working on bespoke evaluation methods to measure the impact of the Happiness Programme across all Signature Care Homes, with a focus on wellbeing and happiness using recognised research methods. The team is working in conjunction with Signature teams on the ground in their care homes to ensure the programme's success and the stories of engagement and interaction from staff are utterly heart warming.

Social-Ability and Signature Care Homes are excited to continue their journey towards improving residents' lives and look forward to a bright future of collaboration and success.



## Social Ability Care Outcomes 2023

